

Gloucester City Mission Drugs Quiz

		True	False
1	Alcohol is a stimulant drug.		
2	Snorting cocaine can permanently damage the inside of the nose.		
3	Tobacco contains 2000 chemicals.		
4	Using heroin for the first time can cause vomiting.		
5	If you're on tranquillisers, alcohol doesn't have any effect.		
6	The maximum penalty for possession of speed is 2 years.		
7	The 'head rush' felt by users when they breathe in poppers is caused by a surge of blood through the heart and brain.		
8	A bad trip on LSD (acid) is more likely to happen to first time users.		
9	The high from smoking crack lasts for about ten minutes.		
10	The effects of ketamine can leave users unable to move for hours.		
11	Many drugs sold on the 'street' have been mixed with other substances, so users can never be sure what they are getting.		
12	Cannabis is safer than alcohol for drivers.		
13	Crack is a name given to cocaine when it is smoked.		
14	Cocaine can be sniffed or injected.		
15	Smack is a slang word for amphetamines.		
16	Injecting is the riskiest way of taking heroin.		
17	Ecstasy is a class B drug.		
18	Most drug users are infected with Hepatitis C.		

ANSWERS: 1 False - Alcohol is a depressant drug it slows down brain activity. 2 True. 3 False tobacco contains over 4000 chemicals. 4 True. 5 False - mixing the two is very dangerous. 6 False - possession carries a maximum penalty of 5 years imprisonment. 7 True. 8 False - a bad trip can happen to anyone, whether they're taking LSD for the first time or not, it's more likely if a user is feeling anxious, uncomfortable or nervous. 9 True. 10 True. 11 True. 12 False. 13 True. 14 True. 15 False - smack is a slang word for heroin, amphetamines are often called Billy, speed, whizz and uppers. 16 True. 17 False - it's Class A. 18 True.

Drug and Alcohol Awareness

Gloucester City Mission

ALCOHOL

- Found in drinks like beer, lager, cider, wine, alcopops, wine and spirits.
- Illegal for under 18's, Police can confiscate alcohol if they believe drinker is under age.
- Alcohol comes in different strengths for example; Alcopops can be stronger than beer, lager or cider.
- Risks: alcohol is a depressant drug, overdose can lead to loss of consciousness choking on own vomit, alcoholic poisoning – THIS CAN KILL! Long term use can cause damage to liver, heart and stomach problems. 25,000 deaths a year in the UK are alcohol related.

AMPHETAMINES (class B drug)

- Names: speed, whizz, uppers, amph, billy, sulphate.
- Comes in tablet and powder form which can be white, grey, dirty white.
- Can be snorted, swallowed, injected or smoked.
- Speed is the most impure drug in the UK; if prepared for injection it becomes a class A drug
- Risks: tiredness, depression, anxiety, lack of concentration, panic, hallucination, heart problems, mental illness, psychosis, an overdose can be fatal.

CANNABIS (class B drug)

- Names: marijuana, draw, blow, puff, weed, hash, ganja, skunk.
- Comes in solid dark lump known as resin, or as leaves, stalks or seeds, skunk, is very strong.
- Risks: affects memory, ability to concentrate, lack of co-ordination, paranoia, anxiety.
- Users can become dependent, increases risk of respiratory disorders including lung cancer.

COCAINE (class A drug)

- Names: coke, Charlie, snow, C.
- White powder that can be snorted or injected.
- Risks: can cause damage to heart, chest pains, convulsions, causes restlessness, confusion, paranoia, permanent damage to nose, cocaine is very addictive, expensive many users die from overdosing.

CRACK (class A drug)

- Names: rock, wash, stone.
- Crack is a smokeable form of Cocaine.
- Risks: potentially fatal heart attack, convulsions, very addictive, harm to lungs, users often have severe chest pains, restlessness, nausea, sleeplessness users have died from overdosing.

ECSTASY (class A drug)

- Names: E, fantasy, doves, mitsibushis, dolphins, Rolexes, MDMA (chemical name).
- Comes in tablet form, different shapes, colours and sizes.
- Risks: tightening of the jaw, nausea, increase in heart rate, feeling tired, depressed (for many days), liver and kidney problems, can lead to death.

HEROIN (class A drug)

- Names: smack, brown, horse, gear, H, junk, scag, jack.
- Pain killing drug made from morphine derived from the opium poppy.
- White powder when pure; street Heroin is cut with other substances, and is brownish white. Snorted, smoked (chasing the dragon) or injected,
- Risks: very addictive, getting next fix dominates users' life. Tolerance develops and user needs more and more just to feel normal, injecting can cause damage to veins, gangrene, and amputation of a limb. Sharing needles can cause HIV, Aids, Hepatitis. Very difficult to kick habit, it can take many years. Causes dizziness, vomiting, death!

KETAMINE (illegal to supply)

- Names: special K, vitamin K, K.
- Anaesthetic used by vets to operate on animals such as horses. Comes in tablet form or powder. Can be snorted in powder form or taken as tablet.
- Risks: numbs the body, you can be paralysed for hours, breathing problems and heart failure.
- **CAN BE VERY DANGEROUS IF MIXED WITH OTHER DRUGS OR ALCOHOL**

LSD (class A drug)

- Names: acid, trips, blotters, microdots, dots.
- Comes in tiny squares of paper, often with a picture on.
- Risks: there is no way of stopping a trip once started and some can be terrifying, paranoia, flash backs relived for a long time after, anxiety, mental problems, schizophrenia, depression.

METHAMPHETAMINE (class A drug)

- Names: crystal meth, meth, glass, ice.
- Comes in tablets, powder or crystals.
- Risks: severe psychoses, brain damage, stroke, lung, kidney and gastrointestinal damage, lowered inhibitions, anorexia, headaches, tooth loss, high or low blood pressure.

METHEDRONE (class B drug)

- Names: meow meow, white magic, meph, MC, MCAT.
- Fine white, off-white or yellowish powder usually snorted.
- Risk: severe nosebleeds, blue or cold fingers from reduced circulation, overheating, lack of concentration, breathing difficulties, anxiety, depression, headaches.